

**Occupational Therapy (OT):** Occupational therapy provides treatment, support and care for people of all ages to develop, recover, maintain the daily living and work skills due to a physical, mental or cognitive disorder.

**Physical Therapy (PT):** Physical therapy helps people of all ages who may have medical conditions, illnesses or injuries that limit their regular ability to move and function.

**Speech-Language Therapy (SL):** Speech and language therapy provides treatment, support and care for children and adults who may have difficulties with communication, or with eating, drinking and swallowing.

#### **Local Pediatric Therapy Groups:**

- **Children's Mercy Speech and Hearing Clinic**

[https://www.childrensmercy.org/Clinics\\_and\\_Services/Clinics\\_and\\_Departments/Hearing\\_and\\_Speech/](https://www.childrensmercy.org/Clinics_and_Services/Clinics_and_Departments/Hearing_and_Speech/)

- **Lee-Ann Britain Infant Development Center**

<https://www.shawneemission.org/lee-ann-britain-infant-development-center>

- **PlayABILITIES:**

<http://www.playabilities.org/>

- **Heartland Social Learning Center**

<http://www.heartlandsociallearning.com/programs-and-services.html>

## Resources for parents and teachers:

### Speech and Language:

- **What's the Pic Articulation App:** This app uses voice activation to motivate players to say their target words.

<https://itunes.apple.com/us/app/whats-the-pic-articulation/id1147894984?mt=8>

- **Word Vault App:** Assists with articulation, language and social skills.

<https://itunes.apple.com/us/app/word-vault-essential/id947222381?mt=8>

- **Speech and Language Kids:** Resources and ideas for Speech-Language Pathologists, teachers and parents. Includes both general information as well as free tools to assist with therapy and/or for home practice.

<https://www.speechandlanguagekids.com/>

### Occupational Therapy:

- **American Occupational Therapy Association:**

<https://www.aota.org/About-Occupational-Therapy/Professionals/CY/Articles/School-consumer.aspx>

- **Therapy Street For Kids:** This website is your shortcut to finding therapeutic activities to enhance your child's school occupational therapy program.

<http://therapiststreetforkids.com/index.html>

- **Growing Hands-On Kids:** Great website with ideas for therapists, parents, and teachers especially for the younger child.

<https://www.growinghandsonkids.com/new-start-here>

- **Dexterity App:** This app provides practice for varied fine motor skill development and remediation.

<https://itunes.apple.com/us/app/dexterity-fine-motor-skill-development/id420464455?mt=8>

### **Physical Therapy:**

- **My Child Without Limits:** MyChildWithoutLimits.org is an authoritative early intervention resource for families of young children ages 0-5 with developmental delays or disabilities, and professionals looking for a single, trusted, aggregate source of information that relates to their needs and interests.

<http://www.mychildwithoutlimits.org/plan/common-treatments-and-therapies/physical-therapy/physical-therapy-methods-and-benefits/>

- **Your Therapy Source:** Online resource for special education, pediatric occupational therapy and pediatric physical therapy. Many free and inexpensive therapy supplies and “practice” resources for home use.

<https://www.yourtherapysource.com/>

### **Resources Available in Our Center:**

- Boardmaker
- Phonological Awareness Cards
- Lindamood Phoneme Sequencing Program for Reading, Spelling, and Speech (LIPS)
- Adaptive grips for pencils and pens
- Weighted attachments for pens/pencils
- Sensory Materials
- Therapro - Better Board
- Alphabet toss
- Scooters
- Adaptive Writing Center
- Photo Conversation Cards
- Picture Exchange Communication System Materials
- Oral Motor Kits

## Strategies for Teaching:

- **Occupational Therapy:** Sensory strategies for occupational therapy in schools.  
<https://www.theottoolbox.com/2017/08/sensory-strategies-for-school-based-ot.html>
- **Physical Therapy:** Strategies for teaching physical therapy in the classroom.  
<https://pediatricapta.org/includes/fact-sheets/pdfs/16%20School-based%20Teams%20and%20ASD%201216%20rev.pdf>
- **Speech Language Skills:** Strategies for improving speech in the classroom.  
[https://www.easthartford.org/uploaded/faculty/speech/Teacher\\_Resource/classroomstrategies.pdf](https://www.easthartford.org/uploaded/faculty/speech/Teacher_Resource/classroomstrategies.pdf)

