

Attention Deficit Hyperactivity Disorder (ADHD)

Brief Description:

ADHD is a biological condition that makes it hard for children to sit still and/or concentrate. The three types of ADHD include: Predominantly Hyperactive-Impulsive Presentation, Predominantly Inattentive Presentation and Combined Presentation.

How It Feels:

Here is a simulation of what it feels like to have ADD with and without hyperactivity:

<http://www.pbs.org/wgbh/misunderstoodminds/experiences/attexp2b.html>

You may need to turn your volume down before you watch this ADD/ADHD Simulator

<https://youtu.be/xfo1tZ95Ypk>

Helpful Links:

- **Children and Adults with Attention Deficit/Hyperactivity Disorder (CHADD)**, is a national non-profit, tax-exempt [Section 501(c)(3)] organization providing education, advocacy and support for individuals with ADHD. CHADD also publishes a variety of printed materials to keep members and professionals current on research advances, medications and treatments affecting individuals with ADHD. The local chapter of CHADD can be found here:

www.adhdkc.org

- **The Attention Deficit Disorder Association** provides information, resources and networking opportunities to help adults with Attention Deficit Hyperactivity Disorder lead better lives. They provide hope, empowerment and connections worldwide by bringing together science and the human experience for both adults with ADHD and professionals who serve them.

<http://www.add.org>

- **Learning Disabilities Online** is a service of The Learning Project at WETA, Washington, D.C., in association with The Coordinated Campaign for Learning

Disabilities which is committed to advancing the education and general welfare of children and adults with disabilities.

<http://www.ldonline.org/>

- **Kulsara** is a K-12 educational portal containing a huge database of subject questions, exciting contests, educational videos and games, a lively discussion board and much more.

<http://kulsara.com/forum/index.php?action=welcome>

- **Memo to Me** is a free service that allows you to get daily, weekly, and the list goes on reminders to one's email and I believe phone to target an assignment, activity, and the like.

<http://www.memotome.com>

Resources Available At Our Center:

Sensory Break Dice

Instructional Practices That Maximize Student Achievement

Readers Theater

Just For Kids Reading Series

Guided Science Readers

CARS and STARS

The Real Deal Reading Series

Math Mats and Manipulatives

Strategies for Teaching and Assistive Technology for Students With ADHD:

- **ADDitude's Strategies for Teaching Students With ADHD:**

<https://www.additudemag.com/teaching-strategies-for-students-with-adhd/>

- **Helping the Student with ADHD in the Classroom: Strategies for Teachers**

<http://www.ldonline.org/article/5911/>

- **Teaching Children with Attention Deficit Hyperactivity Disorder: Instructional Strategies and Practices PDF**

<https://www2.ed.gov/rschstat/research/pubs/adhd/adhd-teaching-2008.pdf>

- **At a Glance: Classroom Accommodations for ADHD**

<https://www.understood.org/en/school-learning/partnering-with-childs-school/instructional-strategies/at-a-glance-classroom-accommodations-for-adhd>

- **Strategies for Getting and Keeping the Brain's Attention**

<https://www.edutopia.org/blog/strategies-getting-keeping-brains-attention-donna-wilson-marcus-conyers>